

CERTIFICATE

OF PARTICIPATION

This is to certify that

Mbongeni Mtshali

Has successfully participated & completed the

10km Cowhouse Summer Trail Run 2017

held at Cowhouse Market.

TIME 01:16:11

PACE 07:36/km

OVERALL 71 of 104

GENDER 45 of 55

OPEN 34 of 40

28 January 2017, Sat

Date



